Fight the bite!

Ticks, mosquitos and rabid animals have no boundaries and can be a risk to you and your family when walking to and from school or work, waiting at the bus stop, family trips, and while playing in the yard at home or at the park.

Protect yourself and your family from West Nile Virus:

* Reduce standing water where mosquitoes breed
* Cover up, wear long sleeved shirts, long pants, hats socks and shoes
* Repair any damaged window screens
* Use insect repellants containing DEET or Icardin (follow manufacturer’s instructions)

Reduce the risk of Lyme disease:

* Wear light coloured clothing to help spot ticks
* Use insect repellants containing DEET or Icardin (follow manufacturer’s instructions)
* Check yourself, your children and pets for ticks after being outdoors
* Cut your grass and dispose of leaf litter where ticks can live

Prevent rabies:

* Vaccinate your pets
* Do not feed or approach any wild, stray or strange animals
* Do not trap, transport, keep or pet any wild animals
* Do not try and nurse sick animals back to health

Presently, all of these diseases exist in Niagara.  For more information, contact Niagara Region Public Health. 905-688-8248 ext. 7767 or 1-888-505-6074