



All events, teams and clubs take place during the school day unless otherwise noted.

Monday, March 31 - Day 9

- Junior Basketball Practice
- Junior Boys and Girls Basketball @ Peace Bridge - Girls Play First

Tuesday, April 1 - Day 10

- Chess Club
- Junior Basketball Practice
- Intermediate Badminton Practice
- **After School Taekwondo CANCELLED TODAY**

Wednesday, April 2 - Day 1

- Intermediate Badminton Practice
- Junior Boys and Girls Basketball @ Garrison - Boys Play First

Thursday, April 3 - Day 2

- Stand Up
- Chess Club
- Junior Basketball Practice
- After School Taekwondo
- GFESS Culture Night - **Details below**

Friday, April 4 - PD DAY

- **NO SCHOOL FOR STUDENTS**

BINGO VOLUNTEERS REQUIRED

Please see the sign up sheet found [HERE!](#)

Bingo proceeds provide the majority of funding for our clubs, teams and trips. Volunteering your time at bingo is the best way to help fund our programs.

GFESS EVENT

THU APR
3rd

GFESS

CELEBRATION OF CULTURES

EXPERIENCE DIFFERENT CULTURES!

CULTURAL EXHIBITS | POTLUCK | CULTURAL SHOWCASE

THURSDAY APRIL 3RD, 2025

GREATER FORT ERIE SECONDARY SCHOOL

6PM TO 8:30PM



Please click [HERE](#) to register!

KNITTING CLUB

Our knitting club just had their last meeting of the year. It is such a happy community, full of friendship, fun and learning. We are so fortunate to have amazing volunteers who spend hours helping our students learn to knit. We have one student, Giana, who just started knitting this fall and has already progressed to making animals. Maya has also done amazing work this year, and created a beautiful fox. Congratulations to all of our knitters for their success and growth this year.

Thank you to our Bingo Committee for your generous support of this club.

We are looking forward to the fall start up of the knitting club!



UPCOMING EVENT AT GFESS



DSBN Parent
Involvement
Committee
support • engagement • success

STEM 2.0: THE NEW SCIENCE OF LEARNING PRESENTED BY DSBN PARENT INVOLVEMENT COMMITTEE (PIC)



A FREE KEYNOTE EXPERIENCE

Elevate Your Child's Education by Helping Them to Sleep, Think, Eat and Move Better

Parents and teachers know that healthy students learn better and achieve more. Scientific research confirms that small improvements in physical and mental health can significantly boost academic performance and unlock human potential.

In this engaging and interactive session, Dr. Wells will provide parents with examples of how lack of sleep, an excessive use of technology and reduced physical activity impact students' mental health, physical health, and productivity. He will share suggestions on how to make some simple changes and improvements to support children at home and at school

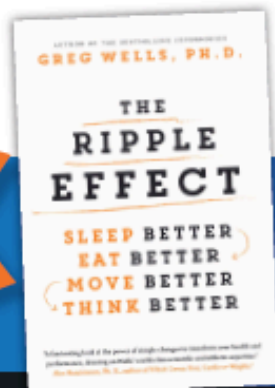


Meet Dr. Greg Wells

Physiologist | Best Selling Author | Peak Performance Expert
A former elite swimmer who overcame a broken neck, now helps others achieve optimal health and performance with humour and practical science.

**FREE BOOK
WITH REGISTRATION**

Register before April 10th and
receive a copy of
"The Ripple Effect"



CHOOSE ONE OF THE THREE (3) NIGHTS THAT SUITS YOU BEST

TUESDAY,
APRIL 29

WEST NIAGARA
SECONDARY SCHOOL

OR

WEDNESDAY,
APRIL 30

GREATER FORT ERIE
SECONDARY SCHOOL

OR

THURSDAY,
MAY 1

LAURA SECORD
SECONDARY SCHOOL

LIGHT REFRESHMENTS **6:00 P.M.** | PRESENTATION **6:30 - 8:00 P.M.**

*NOT APPROPRIATE FOR YOUNG CHILDREN.
STUDENTS GRADE 7 AND UP ARE WELCOME TO
ATTEND WITH THEIR PARENTS.

TO REGISTER FOR FREE,
SCAN THE QR CODE

